

Your new Xtreme Lashes™ are long, thick and beautiful! You can enjoy these lashes with little need to adjust your lifestyle. You can swim, shower, sleep and exercise! To maintain this look and extend the life of your lashes, follow these easy care instructions:

- Immediately after application, **do not get lashes wet for at least 12 hours, preferably 24 hours to allow the glue to completely dry.**
- Avoid hot steam from the shower and sauna for 2 days.
- **Be gentle** with your lashes.
- Avoid rubbing your eyes excessively.
- Do not use a mechanical eyelash curler because they are harsh and can break both natural and synthetic lashes. A heated eyelash curler may be used sparingly. Prolonged heat to lashes may cause them to come loose.
- **Avoid oil-based cleansers, lotion or eye-makeup removers.** These will dissolve the glue bond. Instead, use water or gel cleansers. Use a Q-tip to gently remove eyeliner around the eye.
- Ask your Beauty Professional if she carries Xtreme Lashes™ Longer Life Coating. Apply two to three times weekly to your new lashes to preserve the look and extend the life of your Xtreme Lashes™. Brush on from the base up to the tips.

- With Xtreme Lashes™ mascara will not be necessary. However, if you want a mascara look, we strongly recommend Xtreme Lashes™ specially formulated mascara for use with lash extensions. Otherwise, use only water-based mascara. **Apply mascara on the tips only. Do not apply near the base of the lash.** Application near the base can physically break the bond between the Xtreme lash and the natural lash and may also cause clumping. Use water based mascara sparingly because very frequent use may shorten the life of Xtreme Lashes™, especially during the mascara removal process.
- **Do not use waterproof mascara.** The ingredients in waterproof mascara will dissolve the bond between the synthetic lash and the natural lash, causing your eyelash extensions to fall off.
- Do not visit saunas or steam rooms frequently. The heat may cause the bond to weaken.
- When applied properly, Xtreme Lashes™ can last up to 2 months or longer, depending on the natural growth cycle of your eyelashes and how well you maintain your new lashes by following these instructions. We recommend getting a touch up every two to four weeks. When your natural eyelashes fall off due to the natural growth cycle, a touch up is needed to replenish the fallen lashes. Touch ups generally take a short time and are relatively inexpensive.

